

WORKSHEET 5 Exploring your Cultures & Perceptions

Choose three of the categories from the list below. Think about your culture and life experiences, and describe yourself, your family of origin, or your current family situation to your partner.

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| * Race |
| White |
| * Family form (single parent, married with no children, etc.) |
| Married with 4 children, married with 1 kid, married with 2 kids |
| * Ethnicity (cultural description or country of origin) |
| Polish, Dutch, Swedish, Austrian & Basque |
| * Gender |
| Male & Female |
| * Geographic Identity (rural or urban; Western/Northern, ... Europe etc.) |
| European |
| * Age |
| 16,17,18 |
| * Sexual Orientation |
| Heterosexual & Homosexual |
| * Religion or Spirituality |
| Christianity, atheism, agnostic |
| * Language |
| Swedish, German, Basque, Spanish, Dutch & Polish |
| * Disabilities |
| none |
| * Socioeconomic status (low-income, working class, middle-class, wealthy) |
| Mix from wealthy and middle class |